



# Activities Calendar

# February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>LOCATION KEY</b></p> <p>R - Rooms – Individual Activities L – Lobby Ch – Chapel C – Café</p> <p>TG – Therapy Gym</p> <p><i>*Calendar is subject to change.</i></p>			<p><b>10:30</b> Bee Gees workout <b>1</b> <b>11:00</b> Happy, happy hippos <b>2:00</b> Bingo <b>3:15</b> Crockpot: <i>Candy &amp; Catchiest songs from musicals</i> <b>5:00</b> Movie Hour: Groundhog Day with Bill Murray</p>	<p><b>10:30</b> Pastor Carl Service <b>2</b> <b>(Ch)</b> <b>11:00</b> <i>Who am I February birthdays?</i> <b>2:00</b> <b>George Mann Concert (TG)</b> <b>3:30</b> Categories: Groundhog Groundhog week</p>	<p><b>10:30</b> Cardio Drumming <b>3</b> <b>11:00</b> <i>What am I quiz</i> <b>2:00</b> Bingo <b>3:30</b> Happy Hour &amp; Humor me: <i>Pushing the envelope</i> <b>6:00</b> Poker Club</p>	<p><b>10:30</b> Morning Visits <b>4</b> <b>11:00</b> Name 5 things <b>2:00</b> Board games/card games <b>3:15</b> Spa Time <b>4:00</b> Coffee Clutch</p>
<p><b>10:15</b> Morning Visits <b>5</b> <b>11:00</b> Hymn Singing <b>1:30</b> <b>Ron Baker Church Service (Ch)</b> <b>2:00</b> Board Games <b>3:00</b> Movie Matinee</p> <p><i>Friendship week</i></p>	<p><b>10:30</b> <b>Rosary (Ch)</b> <b>6</b> <b>11:00</b> A-Z Game <b>2:00</b> Bingo <b>3:15</b> <i>Snack &amp; The Games we played as kids - trivia</i> <b>4:00</b> 50's &amp; 60's sing along</p>	<p><b>10:30</b> Seated Zumba <b>7</b> <b>11:00</b> <i>This or That game</i> <b>2:00</b> <b>Larry Stametal Concert (TG)</b> <b>3:30</b> Categories: Friends <b>4:30</b> One on one visit <b>6:00</b> Game night</p>	<p><b>10:30</b> Conversation Ball <b>8</b> <b>11:00</b> February Trivia <b>2:00</b> Bingo <b>3:15</b> Ice cream soda &amp; 25 <i>Greatest wonders of the world</i> <b>5:00</b> Coffee Clutch</p>	<p><b>10:30</b> <b>Pastor Carl Bible Study (Ch)</b> <b>9</b> <b>11:00</b> <i>February Table talk tidbits</i> <b>2:00</b> Family Feud <b>4:00</b> One on One Visits (R)</p>	<p><b>10:30</b> Move with Richard Simmons <b>10</b> <b>11:00</b> Finish the proverb <b>2:00</b> Bingo <b>3:00</b> Mt. Zion <b>3:15</b> Sip &amp; Paint: Paint by dice <b>6:00</b> Movie night</p>	<p><b>10:30</b> Morning Visits <b>11</b> <b>11:00</b> Penny Antie <b>2:00</b> Jeopardy <b>3:15</b> Spa Time <b>4:00</b> Coffee Clutch</p>
<p><b>10:15</b> Morning Visits <b>12</b> <b>11:00</b> Hymn Singing <b>1:30</b> <b>Ron Baker Church Service (Ch)</b> <b>2:00</b> Pick a letter <b>3:00</b> Movie Matinee</p> <p><i>Valentine's week</i></p>	<p><b>10:00</b> <b>Father Lewis Mass/Communion</b> <b>13</b> <b>11:00</b> Finish the Lyrics <b>2:00</b> Bingo <b>3:15</b> <i>Snack &amp; Chat: The Color Red Reminisce</i> <b>3:45</b> One on One Visits (R)</p>	<p><b>10:30</b> Chair Yoga Stretch <b>14</b> <b>11:00</b> Name 5: Valentine's Day Questions <b>2:00</b> Craft Hour: Clay Hearts <b>3:15</b> Crockpot: <i>Cherry Kissed Cake &amp; Famous Love Letters</i></p> <p><b>Valentine's Day</b></p>	<p><b>10:30</b> <b>Rosary (Ch)</b> <b>15</b> <b>11:00</b> The price is right game show 1960's <b>2:00</b> <b>Michael Pero Concert (TG)</b> <b>3:30</b> Board Games/Scrabble</p>	<p><b>10:30</b> Drum fit with Lindsay <b>16</b> <b>11:00</b> Categories <b>2:30</b> <b>Dan Earl Concert (TG)</b> <b>3:30</b> Craft Hour: <i>Paper heart wreath</i> <b>4:15</b> Humor me</p>	<p><b>10:30</b> Balloon Volleyball <b>17</b> <b>11:00</b> EZ Trivia <b>2:00</b> Bingo <b>3:15</b> Happy Hour &amp; <i>Guess the famous building on the map</i> <b>4:15</b> One on One Visits (R) <b>6:00</b> Comedy Night</p>	<p><b>10:30</b> Morning Visits <b>18</b> <b>11:00</b> Conversation Cards <b>2:00</b> Cardio drumming <b>3:15</b> Spa Time <b>4:00</b> Coffee Clutch</p>
<p><b>10:15</b> Morning Visits <b>19</b> <b>11:00</b> Hymn Singing <b>2:00</b> Family Feud <b>2:45</b> Conversation Cards <b>3:15</b> Movie Matinee</p> <p><i>Famous people week</i></p>	<p><b>10:30</b> <b>Rosary (Ch)</b> <b>20</b> <b>11:00</b> President's Day guess a letter <b>2:00</b> <b>Resident Council</b> <b>3:00</b> Bingo <b>4:15</b> <i>Snack &amp; Chat: US presidents</i></p> <p><b>Presidents Day</b></p>	<p><b>10:30</b> Seated Cardio boxing <b>21</b> <b>11:00</b> Finish the phrase <b>2:00</b> Craft Hour: <i>Tissue paper-stained glass window</i> <b>3:00</b> Animals of the world <b>6:00</b> Men's' Club: <i>Guide to stamp collecting</i></p>	<p><b>10:30</b> Conversation Ball <b>22</b> <b>11:00</b> Jeopardy <b>2:00</b> Bingo <b>3:15</b> Crockpot: <i>Poppy Chow &amp; Armchair travel to Italy</i> <b>5:00</b> Poker Club</p> <p><b>Ash Wednesday/First Day of Lent</b></p>	<p><b>10:30</b> Cardio drumming <b>23</b> <b>11:00</b> Finish the lyrics <b>2:00</b> <b>Joe Lopreste Concert (TG)</b> <b>3:30</b> Famous person crush <b>4:00</b> One on One Visits (R)</p>	<p><b>10:30</b> Seated Zumba <b>24</b> <b>11:00</b> Capitals around the world <b>2:00</b> Bingo <b>3:15</b> Sip &amp; Paint: Bob Ross impressions <b>4:15</b> Name that instrument <b>6:00</b> Game Night</p>	<p><b>10:30</b> Morning Visits <b>25</b> <b>11:00</b> Tanzee <b>2:00</b> How many words? <b>3:15</b> Spa Time <b>4:00</b> Coffee Clutch</p>
<p><b>10:15</b> Morning Visits <b>26</b> <b>11:00</b> Hymn Singing <b>2:00</b> Price is right 1970's <b>2:45</b> Name 5 things <b>3:15</b> Movie Matinee</p> <p><i>Pan pal week</i></p>	<p><b>10:30</b> <b>Rosary (Ch)</b> <b>27</b> <b>11:00</b> A-Z game <b>2:00</b> <b>Jose Gomez Concert (TG)</b> <b>3:30</b> Bingo <b>4:45</b> National Geographic</p>	<p><b>10:30</b> Target Toss <b>28</b> <b>11:00</b> The price is right game show 1970's <b>2:00</b> <b>Larry Stametal Concert (TG)</b> <b>3:30</b> Letter to the elementary school</p>				



# Activities Calendar

## February 2023 Seasons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LOCATION KEY</b> <b>CY</b> Main Courtyard <b>DR</b> Dining Room <b>TG</b> Therapy Gym <b>CH</b> Chapel *Calendar is subject to change			<b>9:45</b> Name 5 Things <b>1</b> <b>10:15</b> Horseshoes <b>10:30</b> Rhyme Time <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Strawberry Mouse <b>3:00</b> Clean Up/Dishes <b>3:30</b> Strawberry Mouse Social <b>Groundhog Week</b>	<b>9:45</b> This or That <b>2</b> <b>10:15</b> Cardio Drumming <b>10:30</b> Family Feud <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Craft Hour: Color by Dice <b>3:00</b> <b>George Mann (DR)</b> <b>4:00</b> Chair Zumba	<b>9:45</b> A-Z Game <b>3</b> <b>10:15</b> Conversation Ball <b>10:30</b> Music Club <b>11:00</b> Walking/Sensory <b>2:00</b> Physical Game <b>2:30</b> Board/Card Games <b>3:30</b> Happy Hour: Groundhog Day Reminisce <b>4:00</b> Sensory Balance	<b>9:45</b> Finish the Phrase <b>4</b> <b>10:15</b> Chair Yoga <b>10:30</b> Pick a Letter <b>11:00</b> Sensory Wake Up <b>2:00</b> Bingo <b>3:00</b> Folding Clothes <b>3:30</b> Movie Matinee
<b>9:45</b> Hangman <b>5</b> <b>10:15</b> Horseshoes <b>10:30</b> Hymn Sing <b>11:00</b> Sensory Wake Up <b>2:00</b> Sing Along <b>3:00</b> Sorting <b>3:30</b> Coffee Clutch <b>Friendship Week</b>	<b>9:45</b> Name 5 Things <b>6</b> <b>10:15</b> Ring Toss <b>10:30</b> Rhyme Time <b>11:00</b> Walking/Sensory <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Sugar Cookies <b>3:00</b> Clean Up/Dishes <b>3:30</b> Cookie Social	<b>9:45</b> A-Z Game <b>7</b> <b>10:15</b> Bowling <b>10:30</b> Family Feud <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Bingo <b>3:30</b> Homemade Bread Social <b>4:00</b> Walking Trail	<b>9:45</b> Famous Friends Trivia <b>8</b> <b>10:15</b> Conversation Ball <b>10:30</b> Word Games <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Valentines Bark <b>3:00</b> Clean Up/Dishes <b>3:30</b> Valentines Bark Social	<b>9:45</b> Categories <b>9</b> <b>10:15</b> Noodle Ball <b>10:30</b> Rhyme Time <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Craft Hour: Stained Glass Hearts <b>3:30</b> Clean Up/Life Skills <b>4:00</b> Sing Along	<b>9:45</b> Jeopardy <b>10</b> <b>10:15</b> Ring Toss <b>10:30</b> Music Club <b>11:00</b> Walking/Sensory <b>2:00</b> Physical Game <b>2:30</b> Board/Card Games <b>3:30</b> Happy Hour: Friendships Reminisce <b>4:00</b> Sensory Balance	<b>9:45</b> States & Capitals <b>11</b> <b>10:15</b> Musical Instruments & Move Your Body <b>10:30</b> Pick a Letter <b>11:00</b> Sensory Wake Up <b>2:00</b> Bingo <b>3:00</b> Folding Clothes <b>3:30</b> Movie Matinee
<b>9:45</b> Which Word? <b>12</b> <b>10:15</b> Noodle Ball <b>10:30</b> Hymn Sing <b>11:00</b> Sensory Wake Up <b>2:00</b> Art Club: Color by Dice <b>3:00</b> Clean Up <b>3:30</b> Coffee Clutch <b>Valentines Week</b>	<b>9:45</b> Categories <b>13</b> <b>10:15</b> Ring Toss <b>10:30</b> Rhyme Time <b>11:00</b> Coffee and News <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Valentine Cookies <b>3:00</b> Clean Up/Dishes <b>3:30</b> Cookie Social	<b>9:45</b> Valentine Trivia <b>14</b> <b>10:15</b> Noodle Ball <b>10:30</b> Pick a Letter <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Bingo <b>3:30</b> Homemade Bread Social <b>4:00</b> Walking Trail <b>Valentine's Day</b>	<b>9:45</b> Finish the Phrase <b>15</b> <b>10:15</b> Bowling <b>10:30</b> Rhyme Time <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> <b>Mt. Zion (DR)</b> <b>3:15</b> Sing Along: Love Songs <b>3:45</b> Coffee Social	<b>9:45</b> Which Word? <b>16</b> <b>10:15</b> Horseshoes <b>10:30</b> Word Games <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Craft Hour: Clay Hearts <b>3:30</b> Clean Up/Life Skills <b>4:00</b> Chair Zumba	<b>9:45</b> Hangman <b>17</b> <b>10:15</b> Conversation Ball <b>10:30</b> Music Club <b>11:00</b> Walking/Sensory <b>2:00</b> Physical Game <b>2:30</b> Board/Card Games <b>3:30</b> Happy Hour: Valentine Reminisce <b>4:00</b> Sensory Balance	<b>9:45</b> This or That <b>18</b> <b>10:15</b> Hoop Shoot <b>10:30</b> Pick a Letter <b>11:00</b> Sensory Wake Up <b>2:00</b> Bingo <b>3:00</b> Folding Clothes <b>3:30</b> Movie Matinee
<b>9:45</b> States & Capitals <b>19</b> <b>10:15</b> Ring Toss <b>10:30</b> Hymn Sing <b>11:00</b> Sensory Wake Up <b>2:00</b> Sing Along <b>3:00</b> Sorting <b>3:30</b> Coffee Clutch <b>Famous People Week</b>	<b>9:45</b> Finish the Phrase <b>20</b> <b>10:15</b> Bowling <b>10:30</b> Family Feud <b>11:00</b> Walking/Sensory <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Cinnamon Cookies <b>3:00</b> Clean Up/Dishes <b>3:30</b> Cookie Social <b>Presidents Day</b>	<b>9:45</b> Hangman <b>21</b> <b>10:15</b> Cardio Drumming <b>10:30</b> Which Word? <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Bingo <b>3:30</b> Homemade Bread Social <b>4:00</b> Walking Trail	<b>9:45</b> A-Z Game <b>22</b> <b>10:15</b> Conversation Ball <b>10:30</b> Rhyme Time <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Tea Cookies <b>3:00</b> Clean Up/Dishes <b>3:30</b> Cookie Social <b>Ash Wednesday/First Day of Lent</b>	<b>9:45</b> Jeopardy <b>23</b> <b>10:15</b> Ring Toss <b>10:30</b> Family Feud <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Craft Hour: Yarn Hearts <b>3:30</b> Clean Up/Life Skills <b>4:00</b> Sing Along	<b>9:45</b> Famous Trivia <b>24</b> <b>10:15</b> Noodle Ball <b>10:30</b> Music Club <b>11:00</b> Walking/Sensory <b>2:00</b> Physical Game <b>2:30</b> <b>Mt. Zion (DR)</b> <b>3:30</b> Happy Hour: Famous People Reminisce <b>4:00</b> Sensory Balance	<b>9:45</b> Name 5 Things <b>25</b> <b>10:15</b> Bowling <b>10:30</b> Pick a Letter <b>11:00</b> Sensory Wake Up <b>2:00</b> Bingo <b>3:00</b> Folding Clothes <b>3:30</b> Movie Matinee
<b>9:45</b> Jeopardy <b>26</b> <b>10:15</b> Chair Yoga <b>10:30</b> Hymn Sing <b>11:00</b> Sensory Wake Up <b>2:00</b> Art Club: Color by Dice <b>3:00</b> Clean Up <b>3:30</b> Coffee Clutch <b>Pen Pal Week</b>	<b>9:45</b> Name 5 Things <b>27</b> <b>10:15</b> Hoop Shoot <b>10:30</b> Rhyme Time <b>11:00</b> Coffee and News <b>2:00</b> Sensory Balance <b>2:30</b> Baking: Blondies <b>3:00</b> Clean Up/Dishes <b>3:30</b> Blondies Social	<b>9:45</b> This or That <b>28</b> <b>10:15</b> Horseshoes <b>10:30</b> <b>Larry Stametal (DR)</b> <b>11:00</b> Walking/Sensory Wake Up <b>2:00</b> Sensory Balance <b>2:30</b> Bingo <b>3:30</b> Homemade Bread Social <b>4:00</b> Walking Trail	<b>Exercise is Sunday-Saturday @ 9:30 in the activity room</b>  <b>Rosary is every Monday @ 11 a.m. in the small dining room</b>			